

2022 Hebron Hawks Football Camps / Important Dates



<p><u>Hebron Future Hawks Grade 1st-6th Football Camp</u></p> <p>Who: Grades 1-6 (as of fall of 2022)</p> <p>**This camp is open to any child in Grades 1-6 from any school. This is a non-contact football camp where kids will learn basic fundamental skills of offensive and defensive football, as well as kicking and punting in an energy-filled, fun environment.</p> <p>When: July 25 – July 28, 6:00 pm – 9:00 pm</p> <p>Where: Hebron High School, Hawk Stadium</p> <p>Cost: \$80 for pre-register, \$90 day of camp</p>	<p><u>Hebron Grade 7th-9th Football Camp</u></p> <p>Who: Grades 7-9 (as of fall of 2022)</p> <p>**This is a required non-contact camp for all 7th, 8th, and 9th graders who are playing football in the fall at either Creek Valley, Arbor Creek, Killian, or HHS9. This camp will be coached by the official football staffs from Creek Valley, Arbor Creek, Killian, and Hebron High School.</p> <p>When: July 25 – July 28, 9:00 am - 12:00 pm</p> <p>Where: Hebron High School, Hawk Stadium</p> <p>Cost: \$80 for pre-register, \$90 day of camp</p>	<p><u>Hebron Grade 7th-9th Weightlifting Camp</u></p> <p>Who: Grades 7-9 (as of fall of 2022)</p> <p>**This is a 1-week camp for 7th, 8th, and 9th grade boys and girls who are playing any sport and are interested in learning the basic techniques, skillsets, and foundational strength training movements that will help them prepare for high school athletics.</p> <p>When: May 30 – June 2, 8:00 am-10 am (7th / 8th), 10:15 am-12:15 pm (incoming 9th)</p> <p>Where: Hebron High School, Football Fieldhouse</p> <p>Cost: \$45</p>	<p><u>Hebron Summer Lifting Dates</u></p> <p>Who: Grades 9-12 (as of fall of 2022)</p> <p>When: 8:00 am – 11:00 June 6 – July 28, Monday – Thursday each week.</p> <p>**No workouts on week of July 4-7</p> <p>**No workouts on July 18,19 (we will work out on July 20-22 that week)</p> <p>Where: Hebron High School, Hawk Stadium</p> <p>Cost: \$75 for the entire summer. (No pre-registration required for summer lifting. Just show up. Fee is paid in cash or check. This fee <i>can't</i> be paid on the website below. Make checks to LISD.)</p>
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Register and Pay for camps online at:

<https://hebronfootballcamps.ryzerevents.com/>



Link to Camp Payment

Other Important Dates:

- May 18th – Hebron Football Spring Game @ 5:30 pm
 - May 11th – Incoming 9th Grade Parent Meeting @ 5:30 – 7:00 pm at HHS Indoor Facility
 - August 1st – First day of 9th grade practice
 - August 8th – First day of JV / Varsity practice
 - August 10th – First day of School in LISD
- **All Physicals and Online Paperwork need to be completed before these dates!**



Link to Required Online Forms



Link to Required Physical Form



Hebron Football



CLASS - TOUGHNESS - DISCIPLINE